

Volleyball Rules and Regulations :

Court :

- Court Dimensions:
 - 18m x 9m with 3m from net attack line on both sides.
- Net height:
 - 7th-8th grade: 7' 4"
 - 5th-6th grade: one notch down on our nets (I need to find out exact height)
- Ball:
 - Weighs between 9 and 10 oz.
 - 4.5-6 pounds of pressure
 - 65-67 cm circumference

Players:

- Must have 4 player in attendance
- On court, teams may have 4,5, or 6 players as long as the other team has a matching amount.

Scoring:

- Rally scoring will be used.
 - There will be a point scored on every score of the ball.
 - Offense will score on a defense miss or out of bounds hit.
 - Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- 2 games will be played to 25 pts. If tied, 3rd game will play to 15 pts.
- Must win by 2 points. Cut of at 30 for 1st 2 games and cut off at 20 for 3rd game

Serving:

- Servers must serve behind service line.
 - 5 serve maximum per player, per rotation
 - 7th-8th grade: all serves are from behind end line
 - 5th-6th grade: first 3 serves may be served from Blue Badminton court line closest to net. After 3 consequent serves, server must move back to end line.
 - Stepping on the service line or into the court is a fault. Stepping over without touching the ground is allowed.
 - If serve hits ceilings or hoops it is a dead ball and a point and the serve is awarded to the other team.
 - Teams cannot block or attack a serve on 1st contact.

Rotation:

- Teams will rotate each time they win the serve (sideout).
- Players will rotate clockwise.

Playing Areas:

- A ball touching boundary lines is good.

- Balls that hit the ceiling or hoops are considered good if stays on the team's side or goes over. Does not count on serve.
- Allowed three hits (touches) per side.
- Blocks do not count as a hit (touch).
- Balls that touch or go outside of antennas are out of bounds.

Violations:

- Service line violation (see Serving)
- Failure to serve ball over the net (see serving)
- Hitting ball illegally (carrying or lifting)
- More than three hits (touches) in one play.
- Double touch: Players may not hit (touch) the ball twice in succession
 - 5th-8th grade will not have double touch called if attempting setting
- Touching the net with any part of player's body
- Reaching over the net (except when blocking or following through with an attack)
- Going under the net during play (fine to step on line but not fully onto other side of the court).