



GYM SCHEDULE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Effective as of 8/14/2018

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
	East Side	West Side	East Side	West Side	East Side	West Side	East Side	West Side	East Side	West Side	East Side	West Side	East Side	West Side	
6:00 AM	X	X	OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		X	X	
6:30 AM	X	X											X	X	
7:00 AM	X	X	SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS	SILVERSNEAKERS	OPEN GYM	
7:30 AM	X	X	SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS	YOUTH SPORTS		
8:00 AM	X	X	SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS	YOUTH SPORTS		
8:30 AM	X	X	SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS			SILVERSNEAKERS	SILVERSNEAKERS	YOUTH SPORTS		
9:00 AM	X	X	PICKLEBALL	OPEN GYM	BODY SHAKE	PICKLEBALL	OPEN GYM	BODY SHAKE	PICKLEBALL	YOUTH SPORTS					
9:30 AM	X	X	PICKLEBALL	OPEN GYM	BODY SHAKE	PICKLEBALL	OPEN GYM	BODY SHAKE	PICKLEBALL	YOUTH SPORTS					
10:00 AM	OPEN GYM		PICKLEBALL	OPEN GYM	OPEN GYM	PICKLEBALL	PICKLEBALL	OPEN GYM	OPEN GYM	PICKLEBALL	PICKLEBALL	YOUTH SPORTS			
10:30 AM			PICKLEBALL	OPEN GYM	OPEN GYM	PICKLEBALL	PICKLEBALL	OPEN GYM	OPEN GYM	PICKLEBALL	PICKLEBALL	YOUTH SPORTS			
11:00 AM	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	
11:30 AM	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	
12:00 PM	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	
12:30 PM	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	
1:00 PM	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	ADULT PICK UP	
1:30 PM	OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		
2:00 PM															
2:30 PM															
3:00 PM															
3:30 PM			OPEN GYM	OPEN GYM	AFTER SCHOOL	OPEN GYM	AFTER SCHOOL	OPEN GYM	Intro to Cheerleading / Cheer Team	OPEN GYM					
4:00 PM			OPEN GYM		AFTER SCHOOL	OPEN GYM	AFTER SCHOOL	OPEN GYM	OPEN GYM	OPEN GYM					
4:30 PM	JUMP ROPE	OPEN GYM	OPEN GYM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM							
5:00 PM	JUMP ROPE	OPEN GYM	OPEN GYM		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM							
5:30 PM	OPEN GYM	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ARCHERY CLASS	YOUTH SPORTS					
6:00 PM	X	X	ADULT BASKETBALL LEAGUE		ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ARCHERY CLASS	YOUTH SPORTS					
6:30 PM	X	X	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		
7:00 PM	X	X	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		
7:30 PM	X	X	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		
8:00 PM	X	X	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		
8:30 PM	X	X	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		
9:00 PM	X	X	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		
9:30 PM	X	X	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE	ADULT BASKETBALL LEAGUE		

Notes: Adult Pick up is for members only ages 16 and up. See front desk for ticket

Youth Sports Season dates are 9/22-11/17/2018

SUBJECT TO CHANGE WITHOUT NOTICE