



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GOGGLE UP

Northwest YMCA Group Swim Lesson

There is no better place to build confidence and learn water safety than at the YMCA. We offer Preschool, Youth, and Adult group swim lessons. Our swim lessons develop the whole person— physically, mentally and spiritually. Swimming is a life saving skill as well as great form of exercise for all ages. We are focused on creating a positive experience while in a fun and caring atmosphere with a certified instructor.

Saturday

Facility Member \$25 Program Member \$50

March — October

4 Lessons Monthly

- 9:00 - 9:30 Swim Lesson 6 -12 year olds
- 9:40 - 10:10 Swim Lesson 3 - 5 year olds
- 10:20 -10:50 Swim Lesson 6 months - 2 year olds
- 10:20 -10:50 Swim Lesson Adult
- 11:00 -11:30 Swim Lesson 6 -12 year olds
- 11:40 - 12:10 Swim Lesson 3 - 5 year olds

Weekday (Monday—Thursday)

Facility Member \$40 Program Member \$80

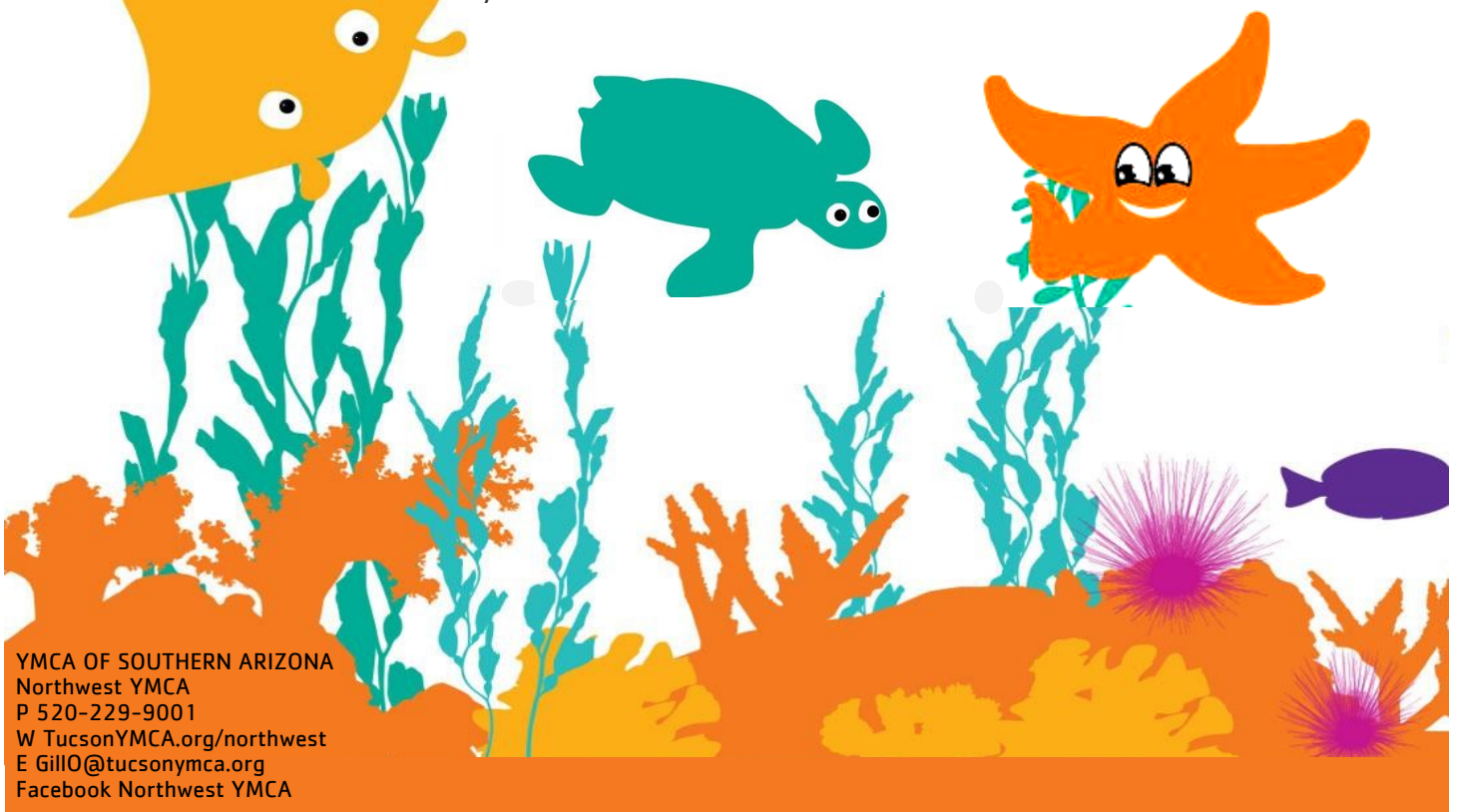
June Session 1: 3 - 13 & Session 2: 17 - 27

July Session 1: 8 - 18 & Session 2: 22 - August 1

August Session 1 : 5 - 15

8 Lessons Monthly

- 8:00 - 8:30 Swim Lesson 6 -12 year olds
- 8:40 - 9:10 Swim Lesson 3 - 5 year olds
- 9:20 - 9:50 Swim Lesson 6 months - 2 year olds
- 9:20 - 9:50 Swim Lesson Adult



YMCA OF SOUTHERN ARIZONA
Northwest YMCA
P 520-229-9001
W TucsonYMCA.org/northwest
E GillIO@tucsonymca.org
Facebook Northwest YMCA