

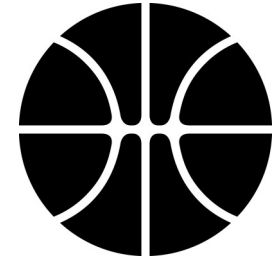


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

NORTHWEST YMCA

MAY 20th – AUG 3rd



Gym Schedule
SUMMER 2019

Practices start May 20th. Games start June 1st.

Summer Day Camps begin May 28th, and end Aug 2nd.

Gym Rules & Tips

NO FOOD OR DRINKS ARE ALLOWED IN THE GYM EXCEPT WATER.

Respectful behavior and sportsmanship is required always.

Staff may ask any member or participant to vacate the gym at any time, for any reason.

Please allow time for activities to finish before entering and playing.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00-7:00am Pick-Up Basketball	5:00-7:00am OPEN GYM	5:00-7:00am Pick-Up Basketball	5:00-7:00am OPEN GYM	5:00-7:00am Pick-Up Basketball	OPEN @ 6am	OPEN @ 10am
	7:00-12:00pm Summer Camp	7:00-12:00pm Summer Camp	7:00-12:00pm Summer Camp	7:00-12:00pm Summer Camp	7:00-10:00am Summer Camp	7:00am-7:00pm SPORTS GAMES	10:00am-12:00pm Adult Pick-Up
	12:00-1:00 Open Gym 1/2 court	12:00-1:00 Open Gym 1/2 court	12:00-1:00 Open Gym 1/2 court	12:00-1:00 Open Gym 1/2 court	10:15-12:45pm Pickle Ball		12:00-2:15pm Open Gym
	1:00-4pm Summer Camp	1:00-4pm Summer Camp	1:00-4pm Summer Camp	1:00-4pm Summer Camp	1:00-4pm Summer Camp		2:15-4:30pm Pickle Ball
	4:00-9:00pm Sports Practices	4:00-9:00pm Sports <hr/> 7-9pm Adult Basketball 1/2 court	4:00-9:00pm Sports <hr/> 8-9pm Adult Volleyball 1/2 court	4:00-9:00pm Sports <hr/> 5-6pm Open Gym 1/2 court	4:00-8:00pm Sports Practices		
	Closed @ 9:00pm	Closed @ 9:00pm	Closed @ 9:00pm	Closed @ 9:00pm	Closed @ 8:00pm	Closed @ 7:00pm	Closed @ 5:00pm

Northwest YMCA

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