


YMCA of Southern Arizona Youth Super Sports



YMCA Youth Sport
Coaches Meeting
Summer 2019



**Thank you Coaches!!!!
We would not have a youth
sports at the YMCA without
volunteers like you!**

YMCA of Southern Arizona Mission Statement

- The YMCA of Southern Arizona is dedicated to improving the quality of life and to helping all people realize their fullest potential through the development of Spirit, Mind and Body.
- CORE VALUES
 - Honesty
 - Caring
 - Respect
 - Responsibility

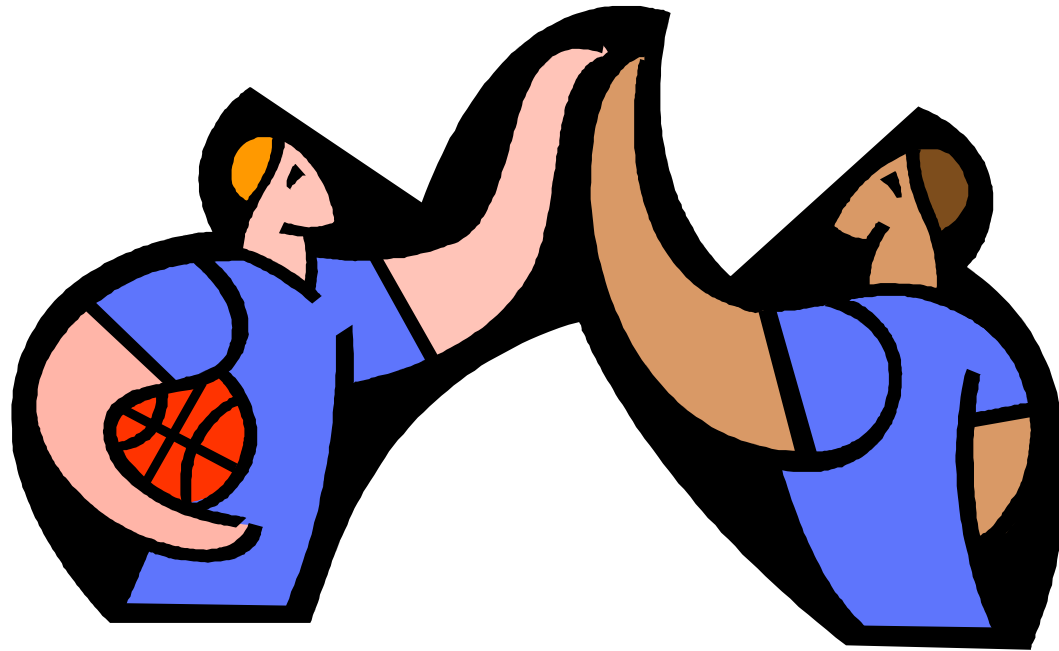
Youth Sport Goals and Objectives

- To grow personally
- To develop positive values
- To appreciate Diversity
- To develop specific skills
- To improve personal and family relationships
- To become better leaders and supporters
- To have fun



YMCA Youth Super Sports Philosophy of Play

- “Everyone plays, Everyone wins!”



TRAINING OPPORTUNITIES

- The YMCA of the USA has developed an online training program that we encourage you to visit and go through. Please talk with your Sports Director to see what their expectation of coaches are. At the end of the training you can print or email your certificate and send it to your sports director.
- Training.YMCA.net
 - YMCA Youth Sports Programs
 - Volunteers Make the Team
 - Safety and Emergency Action
 - Coaching YMCA Youth Sports
 - Coaching YMCA Basketball



Concussion

- All coaches are asked to take this free class online about concussion
- Why? Because concussions are a major part of all sports
- <http://nfhslearn.com/>

Coaches Responsibility

- To attend meetings
- To convey all information to parents
- To be a safety monitor
 - Incident Reports
- To learn your sport
- To create a learning environment
- To be a role model of the YMCA Values
- Referee a game if needed
- To actively strive to meet the goals and objectives
- To support all players, coaches, and officials
- To show good sportsmanship after every game...Win or Lose!
- To report concerns/ problems
- To keep winning/losing in perspective and have fun

Mandated Reporter

- Volunteer Coaches must report (within 24 hours)
 - Call 911
 - Fill out Incident Reports at local YMCA
 - Call AZ Child Abuse Hotline 1-888-SOS-CHILD
- Scan Kids at practice and games
- "Safety in Threes"
- Protect yourself
 - Never be alone with a child
 - Don't give rides
 - Collect all parent numbers
 - No practices or team gatherings at or on personal property
 - If available coaches may have the option of holding after-season party at local YMCA

*Schedule with Sports Director

www.tucsonymca.org/citywide

Roles during games

Limit 2 coaches per bench

Head Coach

- You may stand at anytime during the game but must stay in the coaching box.
- Is the only coach that can ask for clarification or speak to the officials about a concern or ruling.
- Is the person on the bench that can call a timeout.
- Fill out the score book 5 minutes before game start (coaching roster)
- **1st-2nd grade coaches will be asked ref their own games.**

Assistant Coach

- Must remain seated the entire game.
- Assist the coach with directing players that are on the bench.
- This coach is NOT permitted to speak to the officials at anytime during the game. Any concerns should be shared with Head Coach and Head Coach may speak with Officials.

Roles during games

Parents and Fans

- Role model the 4 core values of the YMCA. Caring, Respect, Responsibility and Honesty
- Direct any concerns to the Head Coach
- Make no comments directed towards or about the staff
- Cheer on all children on the court

Players

- Role model the 4 core values of the YMCA. Caring, Respect, Responsibility and Honesty
- Listen to the coaches
- Follow the cues and direction of the staff
- Cheer on all children on the court

Parent Expectations

- Have your child to all practices and games on time
- Attend practices and games
- Spend time with your child practicing the skills and attitudes developed during the season
- Be supportive of your child by praising
- Get involved and support the coaches when needed
- Volunteer Officiate if needed
- Be aware of the Youth Sport Goals and Objectives
- Keep the game in perspective
- Be aware of the Disciplinary Action Policy
- Abide by the Zero Tolerance Policy

Roles parents can help fill

- Organize snack list
- Initiate a phone call system to remind parents about games, pictures, and team party
- Organize team party
- Order trophies (Optional)
- Communication link

Fan Conduct and Sportsmanship

- Spectators and coaches must remain outside the area of play
- Coaches are responsible for their players and parents
 - Watch rough play with players and unsportsmanlike conduct
 - Only the head coach may approach officials during game play.
 - Technical fouls can be assessed to parents, fans, coaches and players at anytime.
- Respect all coaches and officials and the decisions they make
- Cheer on everyone!
- Concerns/complaints should be put in writing and submitted to the Local YMCA Youth Sport Program by the Tuesday following the game.

YMCA of Southern Arizona

- Disciplinary Action Policy



Disciplinary Action Policy

During any YMCA Youth Sport activity coaches, parents, spectators and participants are expected to maintain a high standard of conduct and display good sportsmanship at all times. Yelling, screaming, swearing, willfully violating rules and physically touching a referee will not be tolerated.

Disciplinary Action Policy cont'd

Whenever a coach, parent, spectator, or participant displays attitudes, actions and/or conduct that is contrary to YMCA rules and philosophy; the said person will be asked to leave the facility or game immediately. If the individual refuses to leave, the game will be stopped. Whenever an individual is removed from a game or facility they will at the minimum receive a 1-game suspension and possible permanent suspension from all YMCA activities for a year. Once an individual has been suspended, they will be required to sign a contract stating the consequences of their behavior that did not improve.

-The Disciplinary Action Policy must be signed by all members of your team and returned to your Local YMCA Youth Sports Director.

Disciplinary Action Policy cont'd

In most circumstances the above procedures will be followed when dealing with a disruptive person; however, if the incident is severe the individual will automatically be removed from the facility and suspended.

Disciplinary Action Policy cont'd

The YMCA of Southern Arizona Youth Sport Disciplinary Action Policy was developed to ensure that everyone involved in the YMCA Youth Sport program has a positive experience. It only takes one negative individual to create an unpleasant experience.

PLEASE Review our **Zero Tolerance Policy** on the website and share with your parents. Our Zero Tolerance Policy as well as our code of conduct will be posted at all of our sites.

CLARIFICATION OF RULES

- Pressing (5-6 and up)
 - Teams play defense in the back court at anytime unless the following happens:
 - No pressing is allowed when a team has a 15 or more point lead.
 - Team that illegally press will be given one (1) warning before a technical foul will be given for the each subsequent violation.
- Pressing (1-2, 3-4 Grade)
 - No defense can be played in the backcourt. The first is a warning to the coach all subsequent violations will result in 2 points and possession to the offense.
- **NEW DEFENSE RULE (3-4 Rec)**
 - Teams are now allowed to play any defense they want. However officials will put an emphasis on player contact.
 - Officials can dictate teams back defense up to an area of court if they deem it necessary.
- Technical Fouls/Flagrant Fouls/Intentional Fouls
 - If a player is assessed ANY Technical Foul, he/she is also assessed a Personal Foul. NON-TECHNICALTEAM will receive an automatic 2 points and receives the ball at mid-court. We also ask that the coach pull that player from the game and talk to them about their behavior.
- **Technical Fouls for coaches**
 - Any coach that accumulates more than 3 Technical Fouls in a season will be suspended at minimum one game.
 - **COACHES ARE VOLUNTEERS AND WILL MAINTAIN A HIGH LEVEL OF CONDUCT AND CAN BE REMOVED FROM THEIR DUTIES AT ANYTIME BY YMCA STAFF**

CLARIFICATION OF RULES

- Rosters
 - Roster size is limited to 15
 - Roster are frozen after the 3rd week of games.
- **3-4 Rec. Only Last one (1) minute and free throws**
 - Any non shooting foul committed in the last one (1) minute of the game regardless of the number of team fouls (team fouls are not officially kept at this age group) will result in an one and one free throw opportunity for the player that was fouled. There is no double bonus at any time. Players fouling must foul while making an attempt on the ball or the foul can be deemed an intentional foul and the fouled team will be given 2 points and the ball.

All levels

- Technical fouls awarded to spectators, coaches and players count against the team and any ejected spectators can effect post season eligibility.
- Post Season Tournament eligibility (see Post Season Slide)
- Injuries: players cannot reenter the game if they have blood on their or their uniforms

Odds and Ends

- Contacting Players/Roster Changes
- Rescheduling of Games/Practices
- Facility Usage
- League Information
- Website
- Post Season Information



Contacting Players/Roster Changes

- Notify your families of all practices, games, and meetings, etc.
- Introduce yourself and leave a return number
 - Include your cell number or work number
- Contact Youth Sport Department ASAP if numbers are wrong.
- The YMCA will notify you of any roster changes
- Assign a volunteer parent to help you with the communication link to the kids and the YMCA.

Rescheduling of Games/Practices

- The YMCA determines rescheduling of games
 - The regular season and post season schedules can be found at www.tucsonymca.org/citywide
- Team that request weeks off are not guaranteed a make up game.
- Teams may have double headers on some weeks and then a BYE during a later week.
- Coaches determine rescheduling of practices
 - If you cancel practice it is your responsibility to contact your parents. YMCA branches will not have this information.

Facility Usage

- Community Facilities are essential to our program
 - We are guests in their building
 - It is important to respect the facility
- Contact the YMCA for any practice site changes.
- Pick up trash-Leave it cleaner than you found it.
- No pets or drug use (Smoking too.)
- Park in designated parking areas

Picking the Practice Site

- See if your branch has some on-site facilities for scheduled use
 - Please contact the sports director for reservations
- If you use community resources please arrange for field or facility use. (Parks/School/Community Centers/Churches)
- Compromise and share if necessary
- Turn the other cheek and report inappropriate/disorderly behavior
- If you find a location and it requires liability coverage please contact your local YMCA to have that sent to the location.

League Information

- Players must pay to practice and play games
- In order to stay on time halves and/or quarters may be shortened
- Play all players and **rest** all players
 - Playing time should not be skill based
 - **Please share this with the parents and be consistent**
- Must have YMCA jersey top and must be tucked in.
- YMCA supplies game Day equipment only (Scorebook, Ball and Staff)
- Missing practices may have a consequence
 - Use your judgment and think about what is fair to everyone.
 - Don't play 1st half, don't start,etc.
 - **Let your parents know this upfront.**
- Games may proceed without all participants
 - If both coaches agree go 4 v 4.
- Changes must be communicated to the Youth Sport Department using teams age division number, sport and coaches name.
(i.e. 5th-6th grade, basketball, coaches' last name)
- **LEAGUE SCHEDULES WILL BE UP ON OR BEFORE WEDNESDAY 6/29 AT 6PM. PLEASE CHECK BACK EACH WED. AFTER 6PM TO CONFIRM THE TIMES FOR THE COMING WEEKEND.**

Our Website (Updated Wednesday)

www.tucsonymca.org/citywide

- What is here?
 - Schedules Gym Locations
 - Branch Info
 - Rules
 - Training
 - Zero-Tolerance Policy

PROGRAM REGISTRATION

[FIND A CLASS](#)

With Easy2Enroll

YOUTH BASKETBALL REGISTRATION

Please visit your preferred site to register.

Fall

Registration Dates: August 1-Sept 3

Start Date: Sept. 23

End Date: Nov. 18

1-2 League ends 11/18 (8 weeks)

Cost

Facility Members- \$35

Program Members- \$80

Team Fee- \$625

*\$15 uniform fee

[2018 WINTER REGULAR SCHEDULE YOUTH BASKETBALL SCHEDULE](#)

RULES

[RECREATIONAL LEAGUE RULES](#)

[AGE & GRADE REQUIREMENTS](#)

[ZERO TOLERANCE POLICY](#)

COACH INFO

[COACH'S MEETING POWERPOINT \(FALL 2017\)](#)

[VOLUNTEER APPLICATION- COACH](#)

[CONCUSSION TRAINING WEBSITE](#)

[POSITIVE COACHING ALLIANCE](#)

[MORE TRAINING OPTIONS](#)

Post Season Eligibility

- In order to qualify to be in the post season tournament teams must meet certain expectations:
 - No more than one (1) ejection of people associated with the team in a given season. (coaches, players, parents, etc.)
 - No more than two (2) forfeits.
 - All participants have been registered through the YMCA.

Post-Season Tournament

- Post-Season tournament will be a double elimination tournament with seeding being determined with a random seed.
 - *9-12 Grade will be seeded based on record with tie breakers if needed
- Teams are placed into a playoff bracket with teams of similar skill.
- ***Records will have NO bearing on seeding or which division you are placed in. Sports Cabinet review each team and look at results and who they played.**
- Tournament will be held over the last 3 week span to limit number of games per week and travel between gyms. Please note that teams may play more than 2 games in a day during tournament.
- There will be a post-season tournament for Recreational 3rd-4th, 5th-6th, 7th-9th Leagues
- No post season tournament for 1st-2nd Rec.
- Schedules:
 - Playoff Schedule will be released on or before July 17
 - Schedule can be found on our website www.tucsonymca.org/citywide

YMCA

Contact Information

- Izzy Carranza, Program Director (Lohse) SCHEDULER
 - IzzyC@tucsonymca.org
- Jennifer Zagrodzki, Sports Coordinator (NW)
 - Jenniferz@tucsonymca.org
- RJ Bergman, Associate Executive Director (OTT)
 - Rjb@tucsonymca.org