



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Family Friendly Activities YMCA OF SOUTHERN ARIZONA

We have compiled a list of our seven favorite, family-friendly activities and games for a week's worth of fun! For more information about the activity, click the link in the title.

[Out of This World Fun with NASA](#)

On this site, you will find games of various skill levels for children pre-K through grade 4 that support national education standards in STEM -- science, technology, engineering and mathematics. NASA Kids provides a safe place for children to play as they learn.

[Zoom Around the Galaxy with These Planet Cookies](#)

Make a whole solar system from your kitchen with this super cute planet cookies recipe! The baking and decorating will keep even the most energetic children busy.

[Make a String Laser Maze, Mission Impossible Style!](#)

Do your kids like to play spy games? Will they fearlessly face danger to retrieve secret treasures? They're in luck. We have a mission just for them with this easy and fun yarn maze!

[Color These Downloadable Pages from Tucson Artists](#)

Local artists are making it a bit easier for us to stay home by making these free, Tucson-inspired coloring sheets you can print at home and color to pass the time.

[Play the Flour Game for a Good Laugh!](#)

With only five items needed to play, adults and kids alike will be lining up to play this game. Get ready to laugh because silliness is guaranteed in this game!

[Have Some Fun with This Family Photo Go-Fish Game](#)

[Crafting Chicks](#) took a classic game that was fun for all ages and put a family-friendly spin on it. This is a fun way for young kids to memorize names and faces of family members, especially those who you may not live close to.

[Bookworm Workout \(no link\)](#)

Story time doesn't have to be just a bedtime ritual. Pick a book that has a word that's often repeated. For example, choose the word "hat" if you're reading *The Cat in the Hat*. Every time the word comes up in the story, get your kid to do a jumping jack.